

EXT. GRASSY FIELD

HOST of Pregnancy Break Dancing introduces himself and the three pregnant ladies, Nancy, Kathy, and Stephanie.

HOST

Hello I'm Melvin Butler, and this is Pregnant Break Dancing. In this video you will follow along and learn to break dance, which will enable you to give birth to a strong, healthy baby. Let's give a warm welcome to our lovely pregnant volunteers. First up, Nancy! Then, Kathy! Last but not least, Stephanie! Hello ladies!

NANCY, KATHY, and STEPHANIE wave and smile, and cheerily say hello.

LADIES

(Swooning)

Hi, Melvin!

MELVIN

Okay ladies, let's start off with a warm-up! Grab the exercise ball for me Kathy.

Kathy grabs the ball and hands it to Melvin.

KATHY

Here, Melvin!

Melvin demonstrates a few stretches on the ball, and then all of the ladies try, and fail the stretches. Nancy flips and rolls over the ball. Kathy tries to stand on the ball, and falls to the ground. Then there is a shot of Stephanie running away from the ball as it rolls toward her.

MELVIN

All right! Let's try out some moves!

Melvin demonstrates a stall. Only his hands and head stay on the ground, while his feet are in the air.

MELVIN

So try it out!

The women try, but just pose. Nancy poses with her hands on her knees, in a squatting position. Kathy poses with both hands behind her head, legs spread apart. Stephanie poses with one hand on her hip, the other dangling to her side, with her left foot ahead of her right. Melvin gives them a puzzled look.

MELVIN

I don't think that means what you think

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it means, ladies.... Let's move on. How  
about FREESTYLE!!!!?

SEQUENCE: MONTAGE

They try to bust out some INSANE moves, and fail miserably. Small clips of each women are shown, each one doing horrible. Kathy does the worm and spins one her stomach and head. Stephanie rocks out on air guitar, does a kart wheel, and also does the worm. Nancy moonwalks, does a coffee grinder, and some crazy cartwheels.

Melvin glances over at the girls, who are laying on the ground breathing heavy.

MELVIN

Ummm, great work, girls! And great to all you soon-to-be-mothers! Well, that's all the time we have, I hope to see all of you in our next video, Heavy Lifting for Babies, coming out this fall. Bye bye!

Screen goes black.

STEPHANIE

My water broke...